

Hills & Hawkesbury

Equestrian News



**Merry Christmas
and a
Happy New Year!**

Inside this issue:

Touch vs Spatial Awareness
AKL German Riding Ponies
Icelandic Horses in Australia
Perlino - Colour or Breed?
Summer at Foxwood Stud
EquiDirectory



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from the editor's desk

As 2020 draws to a close it is apparently viewed as one of the most challenging years for all of us, suffering from drought and fire, then to massive restrictions due to covid.

With the industry 'on hold' and an uncertain future - changes are imminent but the details of them, as yet, are unknown...

Currently the impact has been financial but also with the completely decimated event schedules of all our wonderful horse groups.

With this in mind we have continued to produce the Equestrian News online and with limited print editions.

As 2021 fast approaches we will continue in this vein and hold fast until we can to resume the full regular monthly print editions that we know you love!

So we wish all our readers the very best for the year ahead and especially thank all of our advertisers and contributors, photographers and distributors, for their continued support.

With great hope and faith we go forward, to bring you the Equestrian News - in 2021!

Best wishes,

Camille Alexander, Editor

and all the Equestrian News Team!

CONTENTS

P6	Touch vs Spatial Awareness
P8	AKL German Riding Ponies
P19	Icelandic Horses in Australia
P22	Oversupplementation
P34	Perlino - Colour or Breed?
P36	Summer at Foxwood Stud
P42	Pony Club Riders of the Month
P49	EquiDirectory Marketplace
P43	Girths

COVER: Welsh Pony courtesy of owner/breeder Glenys Lilley of Foxwood Stud and Photography.



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Happy and Prosperous New Year in 2021!*



from us all at

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SENSE OF TOUCH VS SPATIAL AWARENESS

How do we communicate safely yet sensitively with our horse?

by Christine Johnson, Johnson Equestrian Centre

Horses crave physical contact and humans love that physical interaction with their horse. Horses' tactile sensation, or touch, is extremely acute. Their entire body is as sensitive as our fingertips. They can feel a fly on a single hair. Yet in so many ways we see horses desensitised to pressure and through humans being unaware and uneducated about handling horses safely many dangerous scenarios arise.

While horses are very sensitive they can be very rough with their friends or paddock mates and it is common to see them use pressure, biting and barging to communicate and play.

It is important for horse handlers to understand that while we can love and treasure our horses, they are not our friends, they are not equal to us, and we are not another horse. They are generally at least ten times our body weight and taller than us with large feet and teeth.

It is imperative that horses respect our personal space and move out of it when requested. It is a basic safety premise that a horse should lead and stop on a light pressure and yield any part of his body when requested to move over or move back.



I see so many people; many of them experienced riders, who won't set boundaries for their horses on the ground. They let them rub on them with heads and invade their space and monster them for treats and snacks.

By not setting boundaries for your horse you are doing them no favours. You are making them dangerous to handle and a menace to others.

In our stable we teach riders of all ages and without exception we require that they all lead their horse safely and that it stands quietly while they mount.

Invariably you can tell a lot about a horse's training or lack of it when it first arrives and you lead it off the truck.

If it barges over you and runs circles around you with no regard for your personal space you know already there is a problem and there is work to be done.

Horses are flight creatures but their awareness of their handler's presence must always be greater than the flight response. How many times have you seen people knocked

over when their horse gets a fright or head butted when their horse spins around to see something?

Handling horses is a high risk activity and as many injuries are sustained whilst on the ground as when riding them. As trainers it is our responsibility to make students aware of safe handling procedures, and as horse lovers it is our responsibility to make our horses safe to love.

I am a fan of the training of both Andrew McLean (equitation science) and Georgia Bruce (clicker training) and urge people to educate themselves and their students and their staff on their training methods.

Meanwhile I love my horses and the touch of their skin and the warmth of the breath is a vital tonic for me, but it is always by invitation and that is how it should always be.

§





AKL Competition team students Emily (15) riding Peter Rabbit, Kira (18) with Sterntaler, Mia (15) riding Salaeh, Neo (18) with Octavia together with their coach Anne-Katrin and coach assistant puppy Merlin.

AKL German Riding Ponies

German classical equestrian training for horse enthusiasts all ages



AKL German Riding Ponies is a boutique riding school, stud and training centre situated in picturesque Arcadia, just 35 minutes northwest of Sydney. The school is owned and operated by Anne-Katrin Liebe, a highly experienced and qualified German International Equestrian Level 2 Coach and Sports Scientist. Since its establishment, it has attracted students of all levels and ages. Beginner and advanced riders from age five and above are welcome to learn and improve their riding skills or re-ignite their passion for horses.

AKL German Riding Ponies offers a unique opportunity for students to learn horsemanship, handling and riding skills focusing on dressage and show

jumping. Students can choose from a variety of teaching arrangements including private, semi-private and small group lessons, camps and clinics. All school ponies are regularly fine-tuned to ensure their continuous development and so riders learn the correct technical and coordinative skills and feel. Students have the option to book a lesson with one of the well-trained performance ponies or bring their own horse. In addition, Anne-Katrin offers short-term boarding and training of young and advanced performance ponies furthering their dressage and show jumping education. Anne-Katrin can also travel to students in the North Shore, Hawkesbury and Hills District areas.



Anne-Katrin with her stallion Vito Dima.

Anne-Katrin was born and raised in Germany and moved to Australia a decade ago. She established AKL German Riding Ponies which embodies her life's passion for riding, coaching and the German Riding Pony breed. Two German Riding Ponies, Sterntaler and Vito Dima, were also imported to Australia as part of the establishment of AKL German Riding Ponies. Sterntaler, who Anne-Katrin has now owned for 27 years, is the ultimate 'one in a million' schoolmaster. He is trained to the highest levels of dressage and has been ridden by many riders of all ages from beginner to competition level. Vito Dima, is a competitive and licensed German Riding Pony stallion. He was presented at the 2015 Westphalia Stud Book Stallion assessment achieving a Premium Licensing Award. Some of

his competition performance highlights include Preliminary Dressage Pony Champion Hawkesbury Show (2014), Novice Pony Dressage Champion and Pony of the Year (2015), NSW Elementary Pony Dressage Champion (2016) and NSW State Reserve Ridden Part Arabian Stallion (2016). He is a versatile stallion with exceptional bloodlines, amazing scope and movement for performance and brilliant rideability. All of this is combined with a wonderful temperament which makes him very sought after for breeding prospects. The stud has also proudly produced two foals to date who were both sired by Vito Dima. Its first foal was a beautiful filly, AKL Valetta, born in 2015 and an exceptionally stunning colt, AKL Vamos, born in 2019.



Mia (15), Charlotte (9) and Tippi (9) practising their team vaulting skills on Sterntaler.

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Catherine (70) riding Salukah demonstrating her dressage skills while completing an obstacle course.

The German Riding Pony (Deutsches Reitpony) is the smaller version of a competitive athletic German warmblood maintaining the type and character of a pony. Ponies of this particular breed have expressive, rhythmic and elastic movement and exceptional temperament. They are willing and trainable to perform successfully up to high level in the dressage arena, the show jumping course and the cross-country course. The German Riding Ponies stand at maximum pony height around 14.2 hh and are ridden by children, adolescents and smaller adults. In Germany a very active pony competition scene in the disciplines dressage, show jumping and eventing has developed. Competitions for German Riding Ponies are held in all disciplines at regional, national and international level.

www.aklgermanridingponies.com

Anne-Katrin coaches her students in a methodical and systematic way utilizing the knowledge, understanding and practical experience of the principles of the German Riding and Training System. This system has been proven for many generations and continues to be improved to produce the most knowledgeable, professional and successful horse people and riders in the world. Horse enthusiasts and riders progress through the levels of horsemanship and riding. Anne-Katrin wholeheartedly believes it is of utmost importance for all students to understand horse behaviour/communication and develop a balanced, independent and supple seat. Students who can ride from the center of their body and have progressed to use fine-tuned coordinated aids will reach their full potential in their chosen discipline. Learning how to ride and handle a horse systematically develops physical skills and teaches the student to trust themselves, build confidence and subsequently self-esteem.



Mia (15) placing 2nd riding Sterntaler in Preparatory dressage with her coach Anne-Katrin at the Hawkesbury Riding Club.



Contact Anne-Katrin Liebe on mobile 0422 279 657

www.aklgermanridingponies.com



Catia (9), Sophie (7) and Sarah (11) enjoying this winter's school holiday camp and using their horse communication skills approaching Sterntaler in his paddock.

Students and parents consistently give positive feedback. They enjoy the professional, easy to understand and fun approach to horse handling and riding at AKL German Riding Ponies. School-aged students love the school holiday camps. This winter several day camps were held. Students practised feeding, horse handling and grooming, tacking/untacking and improved their skills across different disciplines (dressage, show jumping, vaulting and a relay race). AKL German Riding Ponies also offers small group vaulting lessons for the youngest horse lovers from the age of four. A great introduction to learning about horses, to have fun together with other children and gain skills such as balance and coordination.

The AKL Competition Rider Team has participated at local competitions with great success. The competition program has given students the chance to demonstrate their abilities, often at their first ever show. It includes the students training and preparation as well as management at the competition. For those who don't own a suitable horse, the well-trained AKL performance ponies are ready and

willing to be a part of the team. At AKL German Riding Ponies students have the unique opportunity to improve their skills by progressing through the German equestrian school levels of handling and riding.

AKL German Riding Ponies is committed to encouraging any horse enthusiast to gain in-depth knowledge about horses, their behaviour and communication and to improve their horse handling and riding skills. New upcoming clinics and programs for horse enthusiast all ages include but aren't limited to German Classical horsemanship, Horse behaviour and communication, Centered Riding, Liberty Training and Dressage Show Riding to Music.

For more information please visit
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for further information or to book a lesson,
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Ours has a Honda engine and was in fact underwater in 2011, we flushed it out and its still going. We renewed the shaft bearings and the brushes this year.

We looked at the vacuum type arrangements which we think are slow, this machine basically sweeps the paddock of poo and trash. We currently use it in a two-acre paddock with one horse who is a compulsive eater. You can see from the attached photos the before and after shots.

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HORSE



ICELANDIC HORSES IN AUSTRALIA

There are approximately 260 Icelandic horses in Australia, the majority of them being in Victoria with numbers growing fast.



Records note that four Icelandic horses were brought to Melbourne by boat in 1863, but it's unknown where they ended up. In the mid-1990s a further nine Icelandic horses were imported by the Haldane family and the number of horses grew quickly from there.

The largest studs are Haldane Icelandic Horses in Victoria and Megalong Icelandic Horses in NSW, with a few small breeders spread out across Australia (except the NT). Several horses have been imported over recent years from New Zealand, Iceland, Germany, the USA, Canada and Denmark.

The horses in Australia have mainly been breeding stock or used as family and trail riding horses, but in recent times the popularity for the Icelandics has boomed due to their versatility, broad spectrum of disciplines and amazing temperaments. You may see them at pony clubs, dressage competitions, endurance, working equitation events, skill at arms and anywhere they can demonstrate their fabulous gaits.



All Icelandic horses in Australia must be purebred to be registered through the main board FEIF (International Federation of Icelandic Horse Associations) and are listed on Worldfengur, the studbook of origin for the Icelandic Horse. The community here in Australia is organised through the Icelandic Horse Association of Australia, which was formed in 2008.

They can be renowned for having five very promising gaits and, most importantly, an exceptional temperament.

To read more about Icelandic Horses, and lots of other stunning facts and information, see The Equestrian News and Lifestyle Summer 2020 magazine - free online at:

www.equestriannews.com.au



FIVE REASONS...

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Local company, Australian Pump, Australia's leading supplier and manufacturer of lightweight, portable fire pumps are campaigning to bring quality and first world supply to Australian consumers. They recommend five factors to consider when buying a pump to protect your property and animals this season.

1. Pump Performance

Check out the actual pump performance and the curve of the product you are buying. Don't rely on a salesman telling you that anything with a Honda engine must be the same quality. The performance is everything and that gets back to how much water you can throw at a fire in the quickest possible time. It can be life or death.

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For further info, see the movie on '5 Reasons'.



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‘Herbal medicine’, also known as ‘phytomedicine’, is the use of plants, plant parts or plant-derived substances to aid in resisting infections or diseases, or to support general health and well-being.

A balanced diet is the fundamental starting point to ensure basic dietary needs are met. But feeding beyond requirements makes expensive manure – and can be dangerous. Over-supplementation with selenium and iodine are the most commonly reported causes of dietary toxicity in horses. In foals, iron toxicity has been induced by administration of iron fumarate; and excess mineral intake and toxicity have also been reported due to contamination of soil with zinc and of rock phosphate with fluorine. Most cases of vitamin intoxication have occurred due to improper use of supplements — excess use of a single supplement, multiple supplements, wrong dose or method of administration, or accidental addition of excessive amounts of vitamin supplements during feed formulation.

It is so very important to consider and calculate the total daily intake – especially when using multiple supplements or supplements plus prepared commercial feeds. ‘Total daily intake’ is the mantra! Total daily intake: the sum of nutrients from every feedstuff consumed each day! Clinical and subclinical toxicities can occur if a single supplement is overused; several supplements are used together or combinations of prepared feeds and supplements are fed, without consideration of the total daily intake.

Phosphorus supplements can contain fluorine – DCP typically has 0.01%, fertilisers and fertilizer-grade or raw rock phosphates can contain 16 grams per kg. Chronic fluoride toxicity can occur in horses consuming less than 1.3grams per kg. Affected horses show bone and dental abnormalities, lameness, stiffness, pain, difficulty chewing, poor growth and weight loss.

Iodine is widely distributed in nature but in very small amounts. Supplementation is often required but, problems of toxicity have occurred when kelp and other seaweeds are used unwisely. Iodine excess approaching maximum tolerable limits can also occur when manufactured feeds are fed with supplements and both contain iodine.

Iron is abundant in the surface of the earth and most



plants contain enough to meet horses requirements. Many supplements and feeds contain added iron – extrapolating from carnivore nutrition. However, no case of iron-deficiency anaemia has ever been reported in horses unless they have experienced major, life-threatening haemorrhage. Iron supplementation is only justified in horses that have suffered severe blood loss. Iron intoxication and death from liver failure have been reported after intramuscular injections of iron to adult horses and after oral administration to foals. Extrapolating between species can cause problems and analogies from humans and other animals should be interpreted with extreme caution in the horse.

Selenium intoxication can be acute (respiratory distress, diarrhoea and death) in horses accidentally given excess supplementation or grazing selenium-accumulator plants. A single oral dose of 3.3 mg of selenium per kilogram of body weight can be lethal. More common is chronic toxicity (loss of condition, poor coat and hoof quality, lameness, subclinical laminitis) which is not unusual when total daily intake provides 5-40mg/kg of feed. Again it is not rare in horses fed multiple supplements that all contain selenium.



OVERSUPPLEMENTATION

Dr Jennifer Stewart BSc BVSc PhD Equine veterinarian, consultant nutritionist and Jenquine CEO www.jenquine.com



Although our motivation to provide dietary supplementation is nearly always an honest desire to give the best nutrition available, unwise use of supplements can cause a range of intoxications.

Most feed rooms sport a collection of powders, pots, pellets and plastic scoops and a rainbow of supplements from natural, herbal botanical extracts to high-tech, high-performance formulations. The choice of supplement is nearly always based on advice from friends and colleagues and gut feelings - but what works for one horse in one situation won't necessarily work for another. So let's firstly have a quick summary of the reasons for supplementing, and then explore different supplements and potential dangers.

Although the main component of any horse's diet should be forage, rarely does it provide a balanced diet – even for maintenance – and additional nutrients may be required. These are intended to increase energy or protein intake, or provide recommended levels of micro- or macro-nutrients. In other situations, targeted supplementation is used to address a particular clinical issue or performance goal. When referring to diet supplementation, its definition therefore can change depending on the particular aim of the supplementation. ‘Specialized supplements’ have a specific goal — such as trying to improve performance, prevent a problem from occurring or manage a problem after it arises. ‘Nutraceutical’ comes from the words ‘nutra’ meaning nutrient and ‘ceutical’ meaning a medical drug.



Vitamin A supplements are commonly given because the carotene level in hay falls with storage. However, yearling ponies given 20 times the NRC recommended level suffered mild (depressed growth rate), and 200 times severe (ataxia, hair loss, skeletal abnormalities, liver damage) intoxication.

Vitamin D2 and D3 have caused intoxication in horses - although D3 is 10 to 20 times more so - with calcification of soft tissues, depression, weight loss, pain and stiffness, excessive drinking and bone resorption. Toxicity is enhanced by high dietary calcium and phosphorus and is reduced by low dietary calcium or dietary factors such as oxalate or phytate, which reduce calcium availability. Vitamin D toxicity is more common than vitamin D deficiency. Horses and rhinoceri do not require vitamin D for calcium absorption. In contrast to other species, vitamin D does not appear to play a key role in regulating calcium and phosphorus balance in horses. Horses can absorb calcium without using vitamin D and do not need vitamin D for calcium absorption. Vitamin D toxicity - a life-threatening disease of horses and other domestic animals, causes weight loss, poor appetite, lameness, painful stiffness and reluctance to move. Mineral deposition in the kidneys leads to renal failure, polyuria, (increased urination) and polydipsia (increased drinking). Sudden death from cardiovascular mineralization has been reported from overdosing horses with vitamin D.

Various herbal supplements are used in the equine industry. The safety of many is unknown and caution must be taken. There are also potential conflicts with medication and racing rules. Some herbs have drug-like actions and can interact with dietary components. Others may contain prohibited substances like salicylates, digitalis, heroin, cocaine and marijuana. Cross-reactions

and contraindications are known to occur between certain medicinal therapies and herbal preparations. In horses prescribed any medication, your veterinarian should be informed of the concurrent administration of any herbal preparation. More research is needed before we understand safety and efficacy of garlic preparations. Studies in horses found that freeze dried garlic fed at >0.4 g/kg bodyweight per day resulted in anaemia. Other symptoms of garlic toxicity include gastric irritation, increased bleeding time and reduced sperm production. Even though ginger has been theorized in horses and proven in humans to cause gastric ulcers, many ulcer relief supplements for horses contain ginger. Some herbs contain prohibited substances like salicylates, for example meadowsweet, poplar, willow and wintergreen; heroin in poppies; caffeine in cocoa, coffee and tea and steroids in ginseng, licorice, hops and sage. Prolonged use of echinacea can damage the liver.

Finally, the signs of acute and severe intoxication may be clinically obvious. However the effects of excesses, imbalances and deficiencies can be vague - poor performance, increased risk of other diseases, hoof weaknesses.

Diagnosis may require analysis of blood, hair, stomach contents, feed and liver, kidney or bone biopsies. Diet analysis is the safest way to work out if any supplements are required. If you are feeding multiple supplements, take the time to work out the total daily intake of each vitamin and mineral. Overlaps, excesses and deficiencies often occur when using multiple different supplements.

Best just to take care and 'not go there'.

www.jenquine.com

Rich Dahlgren - unsplash

Horse Nutrition can be simple with all-4-feet®

Suitable for - all-horses all-ages - all-disciplines

Remove the need to feed:

- Many manufactured feeds
- Vits & mins balancers
- Hoof supplements
- Essential Amino Acids
- Omega 3 Oil
- Probiotics
- Tying up supplements

The average
400kg horse in
light-med work
will only need
150-250g/day

LOW IN
STARCH 2.1%
SUGAR 3%
NSC 9.5%
High in Amino Acids,
Antioxidants, Omega 3
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BALANCER, SUPPORTS HOOF & MUSCLE
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- JUST ADD FIBRE +/- EXTRA ENERGY IF NEEDED



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Energy DE 10MJ
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Oil 12%
Omega 3 oil 7%
Biotin 80mg
Methionine 26g

Lysine 30g
Vit A 26KIU
Vit D 12KIU
Vit E 4000mg
(per kg-see
website for more)

WWW.JENQUINE.COM

11TH ANNUAL EMMA'S SHOW HORSE CHAMPIONSHIPS

Was held at Hawkesbury Showgrounds on Saturday 21st November 2020.
Jenquine was a co-sponsor at this annual event.

The Marena Accolade Memorial Trophy



Why is this particular image significant?

Emma Rudder of @emmas_website was the lucky owner of Marena Accolade, a beautiful hunter Galloway bred by the wonderful Walker Family.

This was a horse of the hearts. A perfect gentleman that didn't miss a beat and took Emma wherever she pointed him with beauty and grace.

While Dr Jen owned her practice on the Central Coast for 25yrs she was the equine vet to the Walker Family and knew Accolade as a foal...

Dr Jen had the honour of coming together with Maureen and Bruce Walker to present this trophy. Won by the exquisite Seasons Park Vogue, it was a moment for many and the emotions ran high.



Samantha Crouch on Corvan Park Mr Attitude who won Champion Large Hunter Pony who is on Jenquine's all-4-feet. "Big Thank you to Jenquine for all your generous sponsorships over the past few weeks. We have been lucky enough to win some pretty awesome prizes and cash last couple of outings. Bonus part of this is I already use all-4-Foot on my ponies Mr Attitude was the first one I trialled the product on before feeding it to the rest and the results speak for themselves." Samantha



Congratulations to Chantelle Vella and Cunnoo Destiny's Blueprint on taking out the Grand Champion Ridden Breed of Show at our Championships. Pictured with 2 of our stunning judges - Emma Rust and Kate Garland. Well done Chantelle and thank you for supporting our show. This Grand Championship was proudly sponsored by Geoff & Judy Tyre of GT Performer.



First major award for the day. Our best Sportsman of the Show, Judges and ringmasters pick. congratulations to 8yo Bella Tassone.



Photo - Rodney's Photography. Emma's Garlands - Executive Style.



We are thrilled to announce that we are **Naming Rights Sponsor** for the 2020 Schoolies Champs!



Jenquine, Specialising In Equine Nutrition, Dr Jennifer Stewart attends the Schoolies Champs, bringing with her 40yrs experience, research and knowledge to bring science to your feed bin.

You can always speak to Dr Jen Stewart and the Jenquine team if you have any questions about Equine Nutrition, and they can show you how equine nutrition can be simple with their new all-4-feet.



EQUESTRIAN AUSTRALIA

Equestrian NSW are pleased to announce that the 2020 Jenquine Schoolies Champs was held at SIEC from **Thursday 26th to Sunday 29th November.**

Please note: this is not the traditional State Championships that we usually run, however it is an event especially for interschool competitors. As such there are no overall championships and no point scores at Schoolies. This is a great opportunity to get out and compete at SIEC,

potentially gain a qualification for our State Championships to be held next year and see all your Equestrian friends and make new ones (at a Covid safe distance!)

Each discipline was held over one day only.
Thursday 26th November - Show Horse
Friday 27th November - Dressage
Saturday 28th November - Eventing
Sunday 29th November - Jumping

Jenquine

BRINGING SCIENCE TO YOUR FEED BIN

SCHOOLIES CHAMPS 2020

RESULTS AND TROPHIES!

An exciting competition to break the covid drought!



The Jenquine sponsor headquarters



Dani won Champion Hack on Marena Galchief



Rubie and River modelling the Jenquine Schoolies shirt



Rubie and River with Yvette Montgomery of Jenquine



Torah riding Billy - a 23 year old

TRANSPORTING HORSES IN NSW

Are you aware of the regulations governing the movement of horses into and within NSW?
Australian Government Local Land Services Information



Horses moving into NSW from other states must meet the state of origin's requirements until entering NSW and NSW requirements once in NSW.

These requirements have been in existence for a number of years and are not in response to COVID 19.

If you are considering moving a horse within NSW during the COVID 19 pandemic, have you reviewed current COVID 19 advice from the Australian Government <https://www.australia.gov.au/> and reputable sources such as Equestrian NSW? <https://www.nsw.equestrian.org.au/news>

NSW police may monitor travel around the state and can request necessary documentation for the transportation of livestock, including horses.

Horse owners who intend to transport horses within NSW require a Transported Stock Statement (TSS). These can be obtained from Local Land Services (fees apply).

The only exceptions to the TSS requirement are when the horse is:

- travelling interstate and their journey deviates less than 30 km into NSW
- travelling across a public road from one part of a property to another
- being transported for veterinary treatment

- being transported to or from a show, exhibition, gymkhana or other event
- being transported for work.

Horse owners must also keep a record of the Property Identification Code (PIC) of the property the horse is travelling to and from, including agistment properties. Find out how to apply for a PIC here (fees apply): <https://www.lls.nsw.gov.au/i-want-to/apply-for-a-property-identification-code>

Contact us to talk about how to obtain a TSS book or how to apply for a PIC.

Our offices are open by appointment only at the present so the best way to contact us is to call 1300 795 299 or fill out our online enquiry form here:

<https://www.lls.nsw.gov.au/i-want-to/contact-my-local-office>

Read more about transporting horses here:

<https://www.lls.nsw.gov.au/help-and-advice/livestock-health-and-production/moving-and-selling-livestock>

Our frequently asked questions pdf is here:

https://www.lls.nsw.gov.au/_data/assets/pdf_file/0011/1216793/Transporting-horses-in-NSW-FAQs.pdf#Transporting%20horses%20in%20NSW%20FAQs

- EQUINE GASTRIC ULCER SYNDROME -

GET A GOOD GUT FEELING

WHAT IS IT?

Horses stomachs are small and continuously secrete acid to digest food. Horses evolved from grazing pasture and nowadays most performance horses are not continuously grazing. This means their stomachs may not contain enough feed at all times to neutralise this acid, which may result in Equine Gastric Ulcer Syndrome.

In symptomatic horses signs may include; reduced appetite, difficulty maintaining their weight, recurrent colic, changes in behaviour, or more severe complications of duodenal structures and under-performance. Cribbing or wood chewing have also been linked to gastric ulceration, as increased saliva or inflation of the stomach may temporarily relieve irritation from gastric acids.

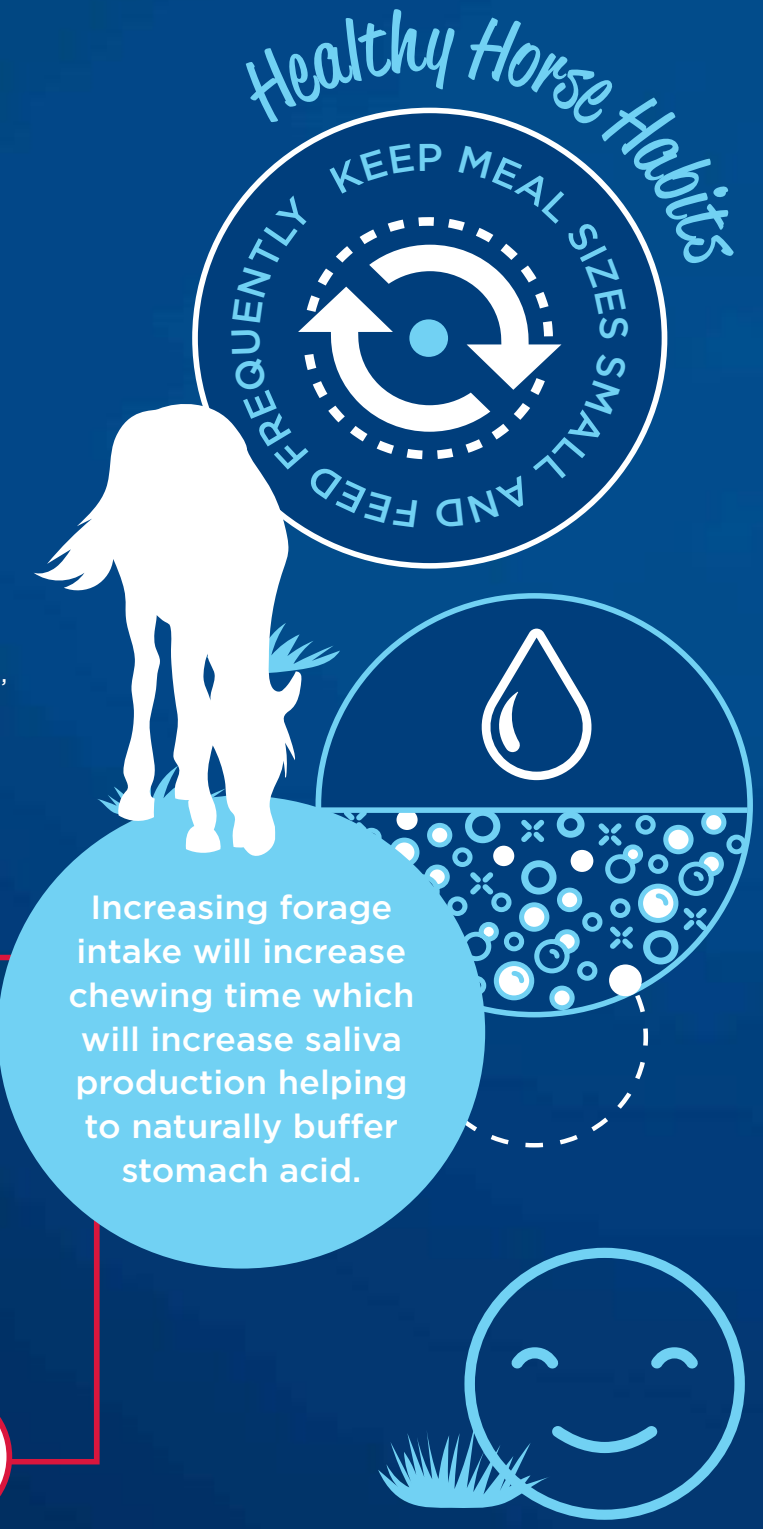
In the foal symptoms can include frequently lying on their back, reduced suckling, grinding of the teeth, excessive salivation and diarrhea.

IF YOU SUSPECT YOUR HORSE HAS ULCERS PLEASE CONSULT YOUR VET.

RISK FACTORS

There are many reasons why horses develop gastric ulceration. Some of the risk factors include confinement such as stabling, reduced pasture availability, reduced hay/roughage availability and increased grain feeding.

There are also some physical stressors such as intensive exercise, as well as NSAID (non-steroidal anti-inflammatory) use that may also contribute to gastric ulceration.



Increasing forage intake will increase chewing time which will increase saliva production helping to naturally buffer stomach acid.

Top tips for prevention

- ✓ Ideally provide conserved forage ad lib, but never less than 1.5% of bodyweight (dry matter) basis
- ✓ If appropriate (e.g. not laminitic) provide as much turnout time as possible, whilst monitoring the quality of the pasture
- ✓ Where possible take measures to reduce stress
- ✓ Adding chopped fibre to each meal can provide a fibre mat in the stomach which may be beneficial for buffering the acid in the stomach
- ✓ Ideally provide some fibre before any intense exercise is carried out to help reduce the risk of acid splashing on the non-glandular part of the stomach
- ✓ Make sure water is available at all times
- ✓ Avoid feeding straw as the sole forage source

MANAGEMENT

Suppressing the production of gastric acid has long been used successfully. While acid suppression does not contribute directly to healing, it does create an environment conducive for healing to occur. Feeding a diet that includes a natural equine antacid may contribute to the suppression of gastric acid.

Please note, feed management practices are designed to support the management of non-glandular ulcers. Please seek veterinary advice for the treatment/ management of glandular ulcers. PRODUCTS DO NOT TREAT OR CURE GASTRIC ULCERS.



horses come first



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Endurance - any horse, breed,
rider, ability, age.

Is **2021** the year you give endurance a try?

Why not come along to one of our events this year and see what all the fun is about, with something suitable to everyone or the whole family.

Ride through some of the most historic tracks in our Endurance history, see stunning views and catch the endurance bug.

For further information about our events please visit our Website or facebook page
<https://www.sydneyregionenduranceriding.com.au>

6 - 7
March

2021
Mogendoura
(South Coast)

20-21
March

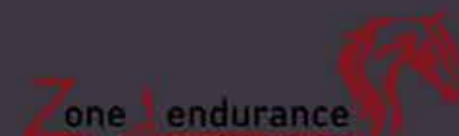
2021
Johns River
Trainer

27-28
March

2021
Mountain
Lagoon
Sydney

Get in touch:

Find us on Facebook or visit
<https://www.sydneyregionenduranceriding.com.au>



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www.sydneycdi.com

IS PERLINO A COLOUR... OR A BREED?

Perlino coloured horses are close to the Cremello colour, unusual and beautiful with a pinch of a majestic appearance,

The Cremello horse has a cream colour with no markings and a white mane and tail. Blue eyes and pink skin are also a physical trait of Cremello horses.

They almost look like they galloped right out of a fairytale !

Cremello is actually just a colour and can be found in any breed. The color results from the color genetics of the dam and sire. The most common breeds to find the unique coloring are Quarter Horses, Shetland Ponies, Draft Horses, and Saddlebreds just to name a few. The base color of a Cremello is actually red or chestnut. Two cream dilution genes on a chestnut horse (double diluted) are responsible for the unique color. It all comes down to genetics and base colors.

Palominos are chestnuts with one cream dilution gene and a Buckskin is a bay with a cream dilution gene. A Cremello has two cream dilution genes, making them double diluted. Remember Punnet Squares back in Biology class? By breeding two Palominos together, there is a 25% chance the foal will have both cream genes resulting in a Cremello colour!

A Perlino coloured horse has a bay base color instead of the red or chestnut. Perlinos have the cream-colored coat, but instead of a white mane and tail, theirs is darker than their coat color. Perlino horses still have pink skin and blue eyes.

Miniature Cremello



Palomino Stallion



Cremello Stallion



Perlino Stallions



Buckskin





SPRING INTO SUMMER AT FOXWOOD STUD

The first mare and foal of the season

The first perlino mare and foal of the season 'Lady Chatterley' parades her new born foal.

Photos by owner/breeder Glenys Lilley.



The colt and Lady Chatterleys breeding is Nalla Casanova x Nawarrah Park Pink Lady (a perlino Welsh B).

All of the Welsh B perlinos have been specially chosen for their correct conformation, good legs, feet and extravagant movement.

Photos by Glenys Lilley of Foxwood Photography
<https://foxwoodphotography.zenfolio.com/>





EQUESTRIAN Calendar
& Business Directory

brought to you by



Don't forget to pick up your
copy of the Equestrian Calendar
and Business Directory 2021!

2020 was definitely a tough year!
Catch up with us online for all our editions!



www.equestriannews.com.au

Sarah Hargrove Photography

Capturing the relationship between you and your horse



What they say...

- * She understands horses so got both of us looking our best.
- * Can't recommend her highly enough, love the pics she took!
- * Captured the spirit of my horse and our relationship.
- * No fuss, easy to deal with, and lots of creative ideas as to what works.
- * Love, love, love our photos; she really caught us perfectly!

I want the entire process to be fun for all of us, I like to work together so you get the shots you would like, and I am happy for input from you if you have ideas or concepts that you particularly want to use.

We can shoot either at yours, in the arena or on the trails - it's all part of the fun!

** As seen in Hills and Hawkesbury News and Equestrian Lifestyle Magazine.*

0424 804 420 sarahehargrove@hotmail.com

Sarah Hargrove Horse Photographer

Summer Spelling

*Are you thinking of spelling your horse over 2020 Summer... look no further!
We are only 50 minutes from Terrey Hills, 60 minutes CBD,
20 minutes to Dural*

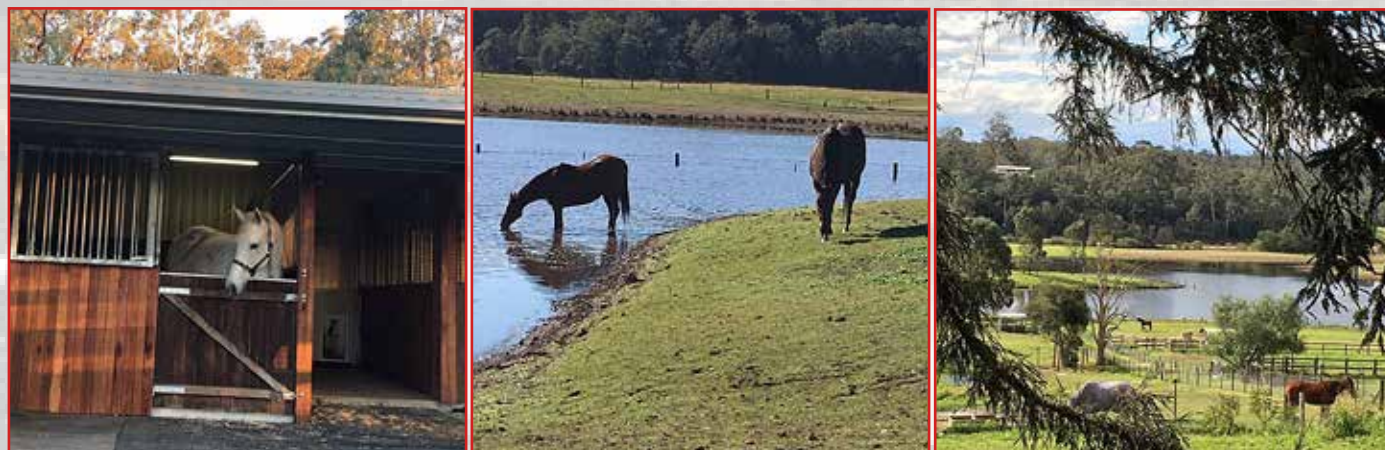


With 24/7 management it's all about the horses....

We have a very natural environment - a large river flat with all the amenities required for individual horse care. Call us to book your horse a Summer Spell and we guarantee you will be back next year. Limited vacancies for Summer 2020 available.

We have large valley paddocks a shared natural grass environment. There are smaller paddocks with shelters where your horse can have a round of grass hay and hard feeds or be fed to your specifications. There are smaller post and rail paddocks with shelters for individual horses or two may share a paddock.

We have many varied options, but the sweet spot is the horses are all happy here. Whether it be a dressage horse, race horse spelling, weekend trail horse or your endurance, event or show jumper they all settle in quickly and love the valley environment.



...It is all about the horses

Turingal Park, Cattai. NSW. Tel: 0401783434

Sharing the road with horses

Horse riders and horse drawn vehicles also have rights to share our roads.

Watch out for ridden, driven or led horses.

When you come across horse traffic remember:

- ♦ **Horses can be unpredictable so SLOW DOWN and give them plenty of room**
- ♦ **NEVER** sound your horn, rev your engine or pass at high speed
- ♦ **Slow down or STOP if a rider is having difficulty with a horse**

Guide taken from NSW Road Users Handbook.



To Join ACA: <https://www.animalcareaustralia.org.au/join/>

"Animal welfare by the experts — those who keep, care for and breed animals"

October Pony Club NSW Rider



Pony Club NSW and Equestrian News are pleased to announce that Equine Pure Delights and Giddy-Up Girl are sponsoring the Pony Club NSW Rider Profile of the Month Competition!

To enter, simply answer the questions on our website at www.pcansw.org.au/media/competitions and email to marketing@pcansw.org.au - and don't forget to include high quality photos of you and your horse!

Every month one lucky entrant will be chosen to win amazing prizes from Equine Pure Delights and Giddy-Up Girl valued at over \$100 and Equestrian News Saddlecloth and have their profile featured in the Equestrian News Magazines and the Pony Club NSW State Newsletter!



Every rider of the month receives an embroidered saddle cloth!



Anika Cheney Age 16

Pony Club: Wyong
Discipline: Eventing
Horse's Name: The Villain

How many years have you been riding horses?

I have been riding since I was a 9 year old, so 7 years!

What do you want to be when you're older?

I would love to become a famous artist or an architect!



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AUSTRALIA'S New PREMIUM HORSE TREATS

Apple & Cinnamon



Carrot & Mint



Peppermint & Spinach



equinepure.com.au

Favourites

Favourite Food? Crabs claws or yogurt with muesli

Pony, Galloway or Hack? I absolutely love all heights of horses but I'm quite tall so I have to stick to my hacks!

Favourite Animal? Horses, cows, sheep, dogs and pigs!

Favourite Movie? Marley and Me

Favourite thing to do when not riding? Get ahead of schoolwork so I can ride more or do cartwheels in my backyard!



Tell us your most memorable horse or riding story?

When I rode at Emmas Hack Championships in 2017, I was very lucky to place either champion or runner up in nearly every class and then to go on to win the Open Small Hack title was just a dream come true. I couldn't have asked anymore from Alby that day, I was very lucky to have won some amazing prizes, two champion rugs and a garland. I remember when they called my number out that I had won and I was in tears. An amazing day I will never forget!

What are some of your recent achievements (both pony club and open events)?

Competing at the Mangrove Mountain Showjumping day and having 3 great rounds. It was our first pony club event this year due to COVID. Also being able to participate in three cross country days and going amazing after having an accident on cross country and breaking my arm last year!



EQUINE PURE
Delights
Treats for Horses



Tell us about your all-time favourite horse (name, colour, height, talents, personality, funny habits, etc.)

My favourite is of course my main man! His name is Flynn aka *The Villain*. He is a 17hh chestnut Off The Track Thoroughbred! Flynn absolutely loves to jump. He's also a massive puppy dog; he's the sweetest horse ever. He will eat anything in sight (sometimes even fingers!).



Who inspires you in the equestrian world and why?

Amanda Ross and Amy Gotts-Wheeler are definitely my main inspirations! But my mum inspires me to train the hardest and reach my goals, my mum always tells me it doesn't matter if you don't win a ribbon as long as you're happy with the ride and if you're not satisfied to train harder!



November Pony Club NSW Rider



Pony Club NSW and Equestrian News are pleased to announce that Equine Pure Delights and Giddy-Up Girl are sponsoring the Pony Club NSW Rider Profile of the Month Competition!

To enter, simply answer the questions on our website at www.pcansw.org.au/media/competitions and email to marketing@pcansw.org.au - and don't forget to include high quality photos of you and your horse!

Every month one lucky entrant will be chosen to win amazing prizes from Equine Pure Delights and Giddy-Up Girl valued at over \$100 and Equestrian News Saddlecloth and have their profile featured in the Equestrian News Magazines and the Pony Club NSW State Newsletter!



Every rider of the month receives an embroidered saddle cloth!



Isabella Clifton-Collins
Age 7

Pony Club: Bega
Discipline: Pony Club and Shows
Horse's Names: Charlie

How many years have you been riding horses?

5 1/2 years. I got my first pony Heidi when I was 2 1/2 years old but rode a friend's pony at some shows before that! My little Heidi died when I was 3 and then we bought Charlie.



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Apple & Cinnamon



Carrot & Mint



Peppermint & Spinach



equinepure.com.au

Favourites

Favourite Food? Sushi

Pony, Galloway or Hack? Hacks because of their big strides.

Favourite Animal? Dogs, cats and horses of course!

Favourite Movie? Underwater

Favourite thing to do when not riding? I enjoy taking photos at different horse events, and not only capture the riding moments but the moments that happen behind the scenes.



What are some of your recent achievements (both pony club and open events)?

I was awarded Champion rider under 15 at the Dalgety show and also recently got graded to E Grade for showjumping.

What do you want to be when you're older?

Koala carer- because they are adorable and they are about to be extinct. During the bushfires so many were injured or died and I wanted to be able to help them all. I'd also like to be a vet to help sick animals. Maybe I could open a vet and koala hospital when I'm older. That would be pretty cool.

EQUINE PURE
Delights
Treats for Horses



Tell us about your all-time favourite horse (name, colour, height, talents, personality, funny habits, etc.)

Charlie! He looks after me, he's cheeky, he loves treats and cuddles. We love to go for rides up the paddock and do cattle work. I especially love galloping up the hills. Charlie likes to bite Mum at feed time and when she's girthing him up but he never tries to eat me! My little sister Thea rides him for me while I'm at school. Charlie and I share honey soy chicken chips while mum is plaiting him. He eats more than me! He even likes soft serve ice cream!

Who inspires you in the equestrian world and why?

My uncle Todd Hinde. He can jump high and I love it when he teaches me. He lives in Sydney but also went to Bega pony club when he was little. He is the Showjumping High Performance Manager for Equestrian Australia and gets to go overseas a lot. He sends me photos of all of the amazing and colourful jumps they have over there. I love seeing the videos of the Aussies jumping. He also brings me presents home!!



Glennys Lilley



Foxwood Photography

FineArt-Photography-Design

foxwoodphotography.zenfolio.com - foxlil@bigpond.com

-0263588236/0413273349

CHRISTINE'S APOTHECARY

Adding some magick... all natural, all handmade.

As a recent covid casualty my hobby has become my business, and now I create all natural, handmade products to order, for you!

...Plus! I ship Australia wide and with free postage over \$60.



Fizz-a-Loo - cleans your bowl, drop a couple in, let them fizz and leave them be, they will clean and leave it smelling lovely; \$12 for 15 drops.



Wicked Wicks - Mosaic soy custom candles, scents and colours, 36 hour burn; \$22 each.



Hand-y Moisture Shots - non greasy, quick absorbing, all natural hand balm, a tiny bit goes a long way! Infused with essential oils; \$12 each.



Bath Salts - traditional, fizzing and baked. Lavender or your choice of essential oils; \$15 each.



Minty Magick Lip Balm - non greasy, absorbing, moisturising, smooth lip balm; \$6.



Shower Steamers - pop on the floor for an aromatherapy experience. They fizz and release essential oils; \$5 each.



Celestial Shower Steamers - your choice of colour or scent, pop in the shower for the aromatherapy experience as they fizz away releasing essential oils; \$6 each.

WHAT THEY SAY...

I love my hand balm; I used the tiniest amount and it covered my hands beautifully, and they are so moisturised... Whatever you do, do not change this recipe. It is perfect! EA.

Oh! My candle... The smell is heavenly. And the container is beautiful. SC. The Fizz-a- Loos! I need lots more. Easy, sparkling, nice smelling toilets, who'd have thought! NF.

Those bath salts are divine, we need more... CF.

The shower steamer is delicious. I put it in a bowl on a shelf in the shower instead of the floor because I want it to last longer. Smells so good. SE.

The candle has made my house smell just gorgeous! MB.

The products are so good. Hard to pick a favourite, but I have never had such good lip balm. BE.



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EquiDirectory

Online Horse Business Directory + Marketplace
The new single platform solution for horse owners to find horse businesses



“When you support a small business you are supporting a dream.”

This is why EquiDirectory was created, to give small horse businesses a place to advertise and reach horse owners, no matter what their budget or advertising skills were. This is my dream - to help support small businesses.

EquiDirectory was created in 2018 by myself, Yvette Montgomery. I am a dedicated and passionate horsewoman who takes pride in working within the equine industry. EquiDirectory was born out of a need for a centralised equestrian-related business directory that could offer an advertising platform no matter what the business size or advertising budget.

I wanted it to be different to any other website and focus on helping businesses reach more horse owners.

EquiDirectory has since evolved into a useful tool for buyers and business owners alike with helpful feedback from equine businesses and horse owners.

What we have found is that horse owners generally need approx 10 horse businesses to support their horse ownership. Everything from a coach, trainer, agistment, real estate agent to find a horse property, saddlery, produce store, bodyworker, farrier, dentist, vet, float supplier, saddle fitter, nutrition, riding clubs etc...

I wanted to use my marketing and sales skills that I have attained in working in equine nutrition and real estate to find a way to help horse owners and horse businesses.

EquiDirectory has been designed to position your business to help horse owners make a decision.

We are here to help you grow your business and won't leave you on your own. We can help you choose which options suit your needs and help set up your listing.

When you list your business on EquiDirectory, you will have access to all of these features and more...

• **Set up** - we can help set up your listing, marketplace

www.equidirectory.com.au

items, articles plus design banners and images for your listings

• **Listing options** available – we have a free basic option where listings can add a short description, keywords and choose whatever categories cover what they offer. Plus we have two upgraded options to add photos, videos, Facebook feed and display articles / blogs, products/items for sale plus much more.

• **Marketplace** - list products you sell, new and used gear, horses and ponies for sale, stallions at stud, anything horse related that is for sale.

• **Events/clinics** - add events and clinics which will display on your business listing and in the events calendar.

• **Article Library** - add articles & blogs about your products and services to our article library, they will also display on your business listing.

• **Reviews** - customers can add ratings and reviews to share their experiences Dashboard - monitor and track views of your listings, marketplace items, banners etc

• **App** - your business can be found on our website and app - available to download for free on both Apple and Google Play stores.

• **SEO & Keywords** optimised - your listing can have up to 20 keywords / phrases added to help your business reach your customers.



Horse owners looking for a horse business or product?

EquiDirectory's horse business directory has more than 4000 horse businesses listed – search what you need in a specific area from our website or free app. Anything from agistment places, coaches, horse training, saddlery, custom horse gear, produce stores, vets, bodyworkers, farriers, dentists, arena hire etc. Listings can show photos, videos, their Facebook feed, reviews, items they have for sale, articles / blogs etc



EquiDirectory 2021 Horse Owner Diary Planner

We have decided to create a Diary Planner to help equestrians and business owners keep everything in one spot and to help make planning for your... personal needs/ horse needs/business needs easier.

There are four sections:

1. The horse owner section to keep track of records, goals, riding/training etc
2. The business/influencer section - tips on social media, advertising plus also keep track of your goals, marketing, budget, expenses etc
3. The diary section - split into months with one page per day, spots to keep track of appointments, tasks, fitness and health plus a daily *Equine Mind* quote

The notes section - use for client / horse progress notes, key information etc

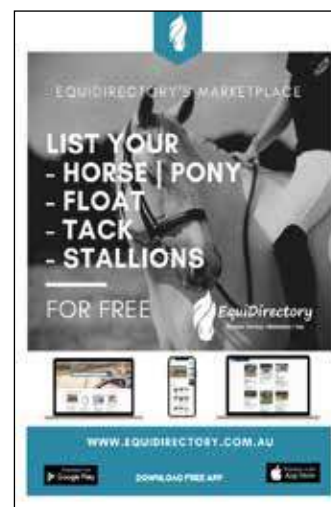
Additionally, we have in our diary planner:

Small horse businesses contributing to our diary, with adverts, discounts, helpful tips and information. Photo winners who won their photo printed in our diary planner as the divider page for each month.



Need to sell your horse, gear or list your stallion at stud?

Add them for free to our EquiDirectory's Marketplace. Include photos, a detailed description, video links, attachments, contact details etc all for FREE. Then you can share the link on socials.



Testimonial from Jake Fowler – Paddock Blade Australia

Here at Paddock Blade Australia, we believe in building and maintaining a strong network of local Australian equestrian based businesses that help equestrians care for and enjoy the company of their equine friends, as well as other equestrian enthusiasts.

EquiDirectory is a fantastic online tool that we highly recommend for individuals looking for equestrian related services.

From photography services to horses listed for sale and everything in between, EquiDirectory is truly a fantastic and easy to use tool that has everything you're looking for.



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GIRTHS

What are some of the signs that horses aren't having such a good time with their girths?

by Sam Sherrington, Centaurus Osteopathy, M. Osteopathy, Animal Biomechanical Medicine Practitioner

'Girthy' behaviour – kicking out, biting or pulling faces while being girthed up.

Blowing out their ribcage while being girthed up. Really, this is a remarkably clever response to attempt to gain a little more space to breathe!

Restricted shoulder motion – that feeling of just not being able to get the horse to move forward freely in front.

Excessively dry or sweaty patches behind the shoulder blade when unsaddled in a well fitting saddle – this one is often a sure sign of over-tightening!

Saddle movement – if the saddle isn't fitting well, over-tightening the girth is a really poor band-aid solution to prevent that movement.

Tender points - along the sternum or through the musculature underlying the girth.

Giving the horse elastic at both ends at the buckles of the girth is a good start – but again, beware of the lure to over-tighten that thinking the elastic will give. Even elastic has it's end point and at best you're simply damaging your girth by repetitively over stretching the girth. Even better than elastic at the buckles, there are some girths being introduced to the market which have elastic featured in the material of the girth itself, and even better – over one major point of ribcage movement – the costosternal joints. The Total Saddle Fit StretchTec girth is one of these, and by putting a sturdy layer of elastic to separate the point of contact at the sternum, and the main 'arms' of the girth, it is possible to both create room to breathe and also to reduce the compression at the point most likely to experience peak pressure behind the elbow. It is also shaped to eliminate the pull that tends to occur into the back of the scapula. This combination provides the subscapular musculature and the ribcage with the most freedom to move in a full range of motion and allow a full and comfortable breath.

Professionally speaking, I particularly like the TSF StretchTec girths for horses who have experienced girth pain for any reason. I find that allowing the ribcage and thoracic spine to function more effectively and comfortably benefits horses with many different challenges. An improved thoracic and rib function can have a direct knock on effect of allowing better function through the neck and into the poll, jaw and hyoid apparatus, as well as potentially allowing the horse more range and engagement through his back and hindquarters by reducing pressure into the joints and musculature of the topline.

With all this in mind, I hope you have a wonderful end of the year with your horses. Always trust them and yourself if you suspect something isn't quite right, check off the basics and always keep searching for the best comfort and performance to help your horse be the happy athlete he deserves to be!

For more information on the TSF StretchTec Girths see:
<https://ourosteo.com/products/>
Sam Sherrington 0452 472 959



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Stinging Nettle



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Page 54

Page 55



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